



# GATEWAY MARKET CAFÉ LUNCH AND DINNER MENU

10:30am - 10pm every day.

2002 Woodland Avenue, DSM / 515.422.5109

## SOUPS / SALADS

with South Union Garlic Focaccia.

**SOUPS** / cup \$3.50 / bowl \$4.99

Chicken Corn Tortilla

Veggie Chili (vegan)

### SOUP OF THE DAY

Sun: Chicken Noodle

Mon: Tuscan White Bean (vegan)

Tue: Veggie Tortellini (veg.)

Wed: Pepper Jack Potato (veg.)

Thu: Tomato Basil Bisque (veg.)

Fri / Sat: Clam Chowder

**THE MARKET** greens, feta, tomato, onion, carrot, cucumber, roasted garlic vinaigrette / \$7.99 / \$10.99

**CAFÉ CAESAR** romaine, Parmesan, croutons, Caesar dressing / \$7.99 / \$10.99

**CRANBERRY WALNUT** greens, Gorgonzola, spiced walnuts, dried cranberries, balsamic vinaigrette / \$8.99 / \$12.99

**GREEK SALAD** greens, cilantro tabouli, cucumber, onion, tomato, kalamata olives, red pepper hummus, feta, toasted pita, roasted garlic vinaigrette / \$9.99 / \$13.99

**CILANTRO LIME CHICKEN** greens, grilled chicken, Parmesan, onion, tomato, carrot, corn relish, avocado, fried tortilla strips, cilantro lime vinaigrette / \$9.99 / \$13.99

**SANTA FE CHICKEN** greens, blackened chicken, cheddar, black bean salsa, corn relish, tomato, avocado, fried flour tortilla shell, chipotle ranch dressing / \$9.99 / \$13.99

**PEANUT CHICKEN** greens, grilled chicken, carrot, cucumber, onion, bean sprouts, roasted peanuts, cilantro, spicy peanut dressing / \$9.99 / \$13.99

### Make any salad an entrée

+ falafel +\$3 + spiced seitan +\$3

+ chicken (grilled, blackened, fried) +\$3

+ shrimp (grilled, blackened, fried) +\$5

## SOUP + SALAD COMBO

Cup of soup and choice of regular Market or Caesar salad / \$9.99

Sub Cranberry Walnut salad +\$1.99

Sub Greek, Cilantro Lime, Santa Fe or Peanut Chicken salad +\$2.99

## STARTERS

**HUMMUS** roasted red pepper hummus, fried pita chips and Parmesan / \$5.99

**GUACAMOLE** with flour tortilla chips / \$6.99

**QUESO** with fresh fried flour tortilla chips / \$5.99

**ONION RINGS** with chipotle ketchup and pesto aioli / \$5.99

**FRENCH FRIES** battered and fried / \$4.99

+ Smothered in rosemary mushroom beef gravy / \$1

**SWEET POTATO WAFFLE FRIES** with maple mustard, chipotle ranch / \$5.99

**SPINACH ARTICHOKE DIP** with fried pita chips and Parmesan / \$5.99

**FRIED BRUSSELS SPROUTS** with Parmesan and buttermilk ranch / \$6.99

**LOADED NACHOS** flour tortilla chips, queso, cheddar, black bean salsa, pico de gallo, sour cream, salsa, green onion / \$7.99

## DINNERS

### FRIED OR ROASTED CHICKEN DINNER

choice of two chef case sides and a buttermilk biscuit.

One pc / \$6.99 Two pc / \$8.99

Two breasts / \$9.99

**CHEF CASE DINNER** choice of entrée, two Chef Case sides and a buttermilk biscuit / \$8.99

**GRILLED SALMON DINNER** with two Chef Case sides and a buttermilk biscuit / \$12.99

## SPECIALTIES

**STEAK & POTATO BURRITO** flour tortilla, carne asada, fried potato, queso, pico de gallo, guacamole, mozzarella, cheddar, lettuce, salsa, sour cream / \$12.99

**NASHVILLE HOT CHICKEN DINNER** one breast and one thigh of lard-fried chicken, Nashville hot sauce, fries, pickles, white bread / \$9.99

**FISH & CHIPS** cod, fries, malt vinegar, tartar sauce, coleslaw / \$10.99

**FISH CORN TACOS** (gf\*) three corn tortillas, seasoned tilapia, chipotle coleslaw, tomato, avocado, salsa / \$10.99

**STEAK TACOS** (gf\*) three corn tortillas, carne asada, mozzarella, cheddar, pico de gallo, avocado, salsa, sour cream / \$10.99

**QUESADILLA** choice of carne asada, grilled chicken or tofu, flour tortilla, pico de gallo, mozzarella, cheddar, salsa, sour cream, lettuce, avocado / \$10.99

## NOODLES

**HOUSE RAMEN** sesame miso pork broth, tofu, noodles, carrot, scallion, bean sprouts, spinach, corn, boiled egg\* / \$9.99  
+ chicken, pork belly, shrimp / \$3

**VEGGIE RAMEN** (vegetarian) sesame miso broth, noodles, tofu, carrot, scallion, bean sprouts, spinach, corn, boiled egg\* / \$9.99

**SPICY PORK BELLY RAMEN** roasted smoked pork belly, spicy pork broth, noodles, tofu, kimchi, corn, scallion, bean sprouts, boiled egg\*, spinach / \$12.99

**TOKYO RAMEN** soy pork broth, noodles, corn, scallion, bean sprouts, spinach, boiled egg\* / \$9.99  
+ chicken, pork belly, shrimp / \$3

**PAD THAI** (vegan) rice noodles, tofu, scallion, cilantro, lime, bean sprouts, chopped peanuts, garlic chili sauce / \$9.99  
+ chicken or shrimp / \$3

**CANTONESE STIR FRY** egg noodles, carrot, celery, spinach, onion, bell pepper, scallion, garlic, bean sprouts, cilantro, Cantonese brown sauce / \$9.99  
+ chicken or shrimp / \$3

\* Thoroughly cooking foods of animal origin such as beef, eggs, fish, shellfish and poultry reduces the risk of food-borne illness. Individuals with certain health conditions may be at a higher risk if these foods are consumed raw or undercooked.

\* GF - Gluten Friendly: Please inform us if you are trying to avoid gluten. Gateway Market is not a gluten-free facility. Our Gluten-Friendly menu items are made without gluten ingredients on shared equipment and cross contact may occur. We cannot guarantee all items are gluten-free for those highly sensitive.



# GATEWAY MARKET CAFÉ LUNCH AND DINNER MENU

10:30am - 10pm every day.

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## BURGERS / SANDWICHES

Served with a pickle spear and choice of French fries, chef case side, cup of soup, petite market, Caesar or Cranberry Walnut salad.

Sub sweet potato waffle fries or onion rings (+\$1.99)

**ALL-AMERICAN BURGER** two grilled quarter pound George's Grind burgers\*, American cheese, 1000 island, lettuce, tomato, onion, sliced pickle, sesame bun / \$11.99

**MUSHROOM SWISS BURGER** 8oz George's Grind burger\*, Swiss, sautéed mushroom and onion, rosemary mushroom beef gravy, sesame bun / \$12.99

**GATEWAY BURGER** 8oz George's Grind burger\*, choice of Swiss, cheddar, American, pepper jack or Monterey Jack cheese, mayo, lettuce, tomato, onion, sesame bun / \$11.99

+ add bacon to any burger / \$1

**KOREAN STEAK** bulgogi grilled flank steak\*, kimchi, cilantro, Sriracha mayo, ciabatta / \$12.99

**NEW ENGLAND LOBSTER ROLL** lobster shrimp salad, New England roll / \$12.99

**GRILLED CHICKEN CLUB** smoked bacon, pepper jack, BBQ sauce, lettuce, tomato, onion, 9-grain bun / \$10.99

**MEMPHIS-STYLE BBQ PORK** applewood-smoked pulled pork, BBQ sauce, creamy coleslaw, sesame bun / \$9.99

**NASHVILLE HOT CHICKEN SANDWICH** fried chicken strips, Nashville hot sauce, American cheese, mayonnaise, lettuce, sesame bun / \$9.99

**IOWA PORK TENDERLOIN** half-pound pork tenderloin, pickles, onion, sesame bun / \$9.99

**AHI TUNA STEAK** blackened ahi tuna\*, Cajun aioli, lettuce, tomato, onion, ciabatta / \$13.99

**FALAFEL** (vegetarian) falafel, feta, lettuce, tomato, onion, cucumber, tzatziki sauce, flat bread / \$9.99

**VEGGIE BURGER** (vegetarian) lettuce, tomato, chipotle ranch dressing, onion rings, ciabatta / \$10.99

## PLANT-BASED (VEGAN)

**BLACK BEAN BURGER** guacamole, lettuce, tomato, onion, chipotle ketchup, 9-grain bun / \$11.99

**BEYOND MEAT BURGER**  
Beyond Burger® patty, vegan American cheese, lettuce, tomato, onion, pickle, vegan 1000 island dressing, ciabatta bun / \$11.99

**TOFU BANH MI**  
BBQ tofu, carrot, cucumber, cilantro, veganaise, Sriracha, baguette / \$9.99

**BBQ JACKFRUIT**  
pulled jackfruit, BBQ sauce, vegan coleslaw, ciabatta bun / \$9.99

## PICK TWO / \$11.99

**CHOICE OF**  
Half deli sandwich or half wrap

**PLUS**  
Regular salad (Market or Caesar)

\*Sub Cranberry Walnut - +\$1.99

\*Sub Greek, Cilantro Lime, Sante Fe or Peanut Chicken Salad - +\$2.99

## KID'S MENU AGES 12 AND UNDER

**KID'S SALAD** romaine, tomato, carrot, cucumber, ranch / \$4.99

**KID'S MAC & CHEESE** macaroni, cheddar sauce / \$5.99

**CHICKEN STRIPS** choice of buttermilk ranch or BBQ sauce / \$5.99

Choice of fries, fresh fruit, or petite Market or Caesar salad with items below.

**HAMBURGER** 4 oz burger, sesame bun / \$6.99  
+ cheese / \$1

**GRILLED CHEESE** American cheese, white bread / \$5.99

**PB&J** creamy peanut butter, choice of grape or strawberry jelly / \$4.99

**KID'S QUESADILLA** mozzarella, cheddar, salsa, flour tortilla / \$5.99

## DELI SANDWICHES (HALF / WHOLE)

Served with a pickle spear and choice of French fries, chef case side, cup of soup, petite Market, Caesar or Cranberry Walnut salad. Sub sweet potato waffle fries or onion rings (+\$1.99)

**CHICKEN BACON PANINI**  
Monterey Jack, tomato, guacamole, buttermilk Parmesan dressing, country Italian bread / \$9.99 / \$11.99

**PORK BELLY CUBANO** smoked ham, smoked roasted pork belly, Swiss, pickle, onion, mayo, mustard, baguette / \$9.99 / \$11.99

**HOT ITALIAN SUB** salami, roast beef, capicola, mortadella, provolone, banana pepper rings, lettuce, onion, tomato, roasted garlic vinaigrette, baguette / \$9.99 / \$11.99

**TURKEY DELI** rotisserie turkey, Swiss, tomato, avocado, lettuce, grain mustard, multigrain bread / \$9.99 / \$11.99

**TURKEY BACON CLUB**  
rotisserie turkey, bacon, Swiss, 1000 island dressing, lettuce, tomato, country Italian bread / \$9.99 / \$11.99

**REUBEN** corned beef, sauerkraut, Swiss, 1000 island dressing, rye bread / \$9.99 / \$11.99

## WRAPS (HALF / WHOLE)

**CRANBERRY CHICKEN SALAD WRAP** roasted chicken, cranberry, celery, mayo, greens, flour tortilla / \$9.99 / \$11.99

**CHICKEN COBB WRAP**  
fried or grilled chicken, bacon, hard-boiled egg, Gorgonzola, avocado, tomato, green goddess dressing, greens, flour tortilla / \$9.99 / \$11.99

**MEDITERRANEAN WRAP** (vegetarian) hummus, tabouli, feta, greens, onion, tomato, cucumber, kalamata olives, roasted garlic vinaigrette, flour tortilla / \$8.99 / \$10.99  
+ add falafel / \$3

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# GATEWAY MARKET CAFÉ BREAKFAST MENU

Mon - Fri, 7am - 10:30am; Sat and Sun, 7am - 2pm  
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## SPECIALTIES

with home fries or fresh fruit.

### MARKET EGG SANDWICH

fried eggs, ham, cheddar, lettuce, tomato, ciabatta / \$8.99

**BISCUIT SANDWICH** scrambled eggs, bacon, American cheese, buttermilk biscuit / \$7.99

**EGGS BENEDICT** poached eggs\*, ham, hollandaise, ciabatta / \$9.99

### BREAKFAST BURRITO

flour tortilla, cheddar, bell pepper, onion and choice of tofu scramble, or chicken or steak with scrambled eggs; with salsa and sour cream / \$9.99

### HUEVOS MOTULEÑOS

two sunny-side up eggs\*, spiced black beans, smoked ham, handmade corn tortillas, salsa, mozzarella / \$9.99

### BISCUITS AND GRAVY

open-faced buttermilk biscuit, choice of country (vegetarian) or sausage gravy and two eggs\* any way / \$8.99

## BAKED GOODS

### CINNAMON ROLLS / \$3.50

Cream Cheese Frosting, Caramel Pecan Roll

### DANISH / \$2.75

Cream Cheese, Mixed Berry, Cherry, Cinnamon Apple

### CROISSANTS / \$2.49

### ALMOND CROISSANTS / \$3.49

### MUFFINS / \$2.50

Blueberry, Lemon Poppy Seed, Raisin Bran, Coffee Cake

### BROWNIES / \$1.99

Dark Chocolate, Dark Chocolate Walnut, White Chocolate Blondie

### COOKIES / \$1.99

Chocolate Chip, Molasses, Monster, Peanut Butter, Triple Dark Chocolate, White Chocolate Macadamia, Oatmeal Raisin, Snickerdoodle

## SIDES

**TWO EGGS\*** / \$2.99

**SMOKED HAM** / \$2.99

**SMOKED BACON** / \$2.99

**SAUSAGE PATTY** / \$2.99

**FRESH FRUIT** / \$2.99

**HOME FRIES** / \$2.99

**BUTTERMILK BISCUIT** / \$1.49

### TOAST

(white, wheat, rye, sourdough) / \$1.49

## EGGS / OMELETS / TOFU

choice of home fries or fresh fruit and white, wheat, rye or sourdough toast.

**TWO EGGS ANY WAY** two eggs\*, choice of smoked ham, bacon or sausage / \$8.99

**GATEWAY OMELET** grilled chicken, bacon, Gorgonzola, onion, tomato / \$8.99

### HAM & CHEESE OMELET

smoked ham, cheddar / \$8.99

**DENVER OMELET** smoked ham, onion, bell pepper, mushrooms, cheddar / \$8.99

### TOFU SCRAMBLE (vegan)

seasoned tofu, bell pepper, onion, mushroom / \$8.99

## KID'S MENU

### AGES 12 AND UNDER

#### KID'S FRENCH TOAST

battered challah bread, maple syrup, powdered sugar, choice of two pieces of bacon or fresh fruit / \$5.99

#### KID'S EGGS ANY WAY

two eggs\*, choice of two pieces of bacon, kid's potatoes or fresh fruit and choice of white or wheat toast / \$5.99

**KID SIZED OMELET** eggs, cheddar, choice of kid's potatoes or fresh fruit / \$5.99

#### KID'S BREAKFAST BURRITO

scrambled eggs, cheddar, salsa, flour tortilla, choice of kid's potatoes or fresh fruit / \$5.99

## CLASSICS

**YOGURT PARFAIT** berries, vanilla yogurt, granola / \$6.99

### STEEL-CUT OATMEAL

maple syrup, brown sugar / cup \$2.99 / bowl \$4.99

+ add spiced walnuts and dried cranberries / \$2

**FRENCH TOAST** challah bread, strawberries, toasted pecans, powdered sugar, maple syrup / \$8.99

## CATERING

Planning an event? Think of Gateway Market! We offer exceptional food and knowledgeable service to help make your next event a success.

Our one-of-a-kind combination of market, café and catering departments provides unique capabilities that no other central Iowa caterer can match: access to the world's best purveyors, exceptional quality ingredients at fair prices, and some of the area's most experienced food professionals.

Check out our catering menu at [gatewaymarket.com](http://gatewaymarket.com), or contact us at [catering@gatewaymarket.com](mailto:catering@gatewaymarket.com).

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